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Correct Answer: What Singing Dogs Can Teach Us About SuccessI really like coyotes. They’re tough, adaptable and always themselves, without concern for what anyone else—especially any so-called civilized human being—thinks of them. They’re original, authentic, proud, and expressive. And they can also teach us a lot about being successful in this world.Where I live, in southeastern Arizona, coyotes are common. I see them often and hear them at night too, joining in one of those impromptu choral gatherings that has won them the nickname of The Song Dog. Like foxes in Europe, coyotes have learned that there are richer pickings to be found around people’s homes than out in the desert. So they live in the arroyos between our homes and on the lush golf courses, set down in the desert by courtesy of many millions of dollars and a year-round supply of recycled water. We’ve stolen their habitat for our master planned communities and malls, so they’ve moved in with us and stolen ours.Of course, sometimes they’re bad as well. Round here, they have a regrettable tendency to eat people’s small pets (as do our resident bobcats). In Native American lore, Coyote is a sort of deity, but one who is tricky and liable to mess you up if you don’t watch him very closely. But, hey, these singing dogs are also playful and spontaneous, and—best of all—they’re never dull.I said that those coyotes can teach us something. The first coyote lesson is to take a few risks. Now there’s nothing wrong with having a serious purpose in life—even some perfectly pleasant people have one—but too much seriousness and playing by the rules does tend to block any willingness to adapt. What’s made the coyote so successful is adaptability. These coyote guys are realists. Their motto seems to be: “If you can’t change it, exploit it.”Besides, it’s conventional thinking that has gotten us where we are today. It may have produced some benefits, but it’s produced some really massive problems too. We won’t solve those problems by using the same approaches that created them in the first place. Nor will conventional thinking produce many new ideas, especially if it’s been worked to death by everyone from marketing gurus to media hacks.Take some risks. Try something new. The coyotes have tried living among people and it’s working for them. The ones I see around town are sleek and well fed. Some I see out in the desert look pretty scruffy in comparison.Have some fun. Sometimes those little coyote boogers wake me up in the middle of the night having a riotous party somewhere in the wash behind my house. Lots of singing and probably a few beers. They really know how to have fun. Corporate America has lost that skill. Most companies aren’t fun to work for. It’s all so damn stressful and heavy. Yet fun is the best source of creativity. Stamp it out and innovation goes along with it.All intelligent forms of life play. Coyotes seem to play more than most, especially with their cubs. Play is the very best forum for learning and getting new ideas. As children, we play to learn about life and how to deal with it. As adults, we attend training courses instead and sit there, often bored and usually passive, listening to some guru telling us how to behave.Who would you rather listen to? A guy in a suit or a singing dog under a wild moon? Would you rather attend a lecture, or have some fun playing around with a few ideas?Always be yourself. Heck, it’s tough to be anyone else, but some of us spend a lifetime trying. As Shania Twain says in her song, “That don’t impress me much.” It don’t impress anyone else much either. You are who you are and you won’t change that. You don’t need to. Just be the best version of who you are and you’ll be fine. You’ll also be authentic instead of a fake. It’s okay to be bad sometimes too. Not nasty and vicious, or downright evil, but just a little mischievous and rough around the edges. Who would you trust more? Some person you know is inclined to be a little tricky on occasions, or a city slicker who pretends to be so-o-o honest, but would stab you in the back as soon as look at you? When I was young in England, the really interesting girls were usually described as “no better than she should be.” That sounds about right to me. Why should anyone be better that they should be, except to create a false image to cover something worse?Here’s to being just as good as we need to be . . . and not even one tiny bit more!As this new year starts, spare a thought for forgetting all the serious stuff and enjoying the life that you have. You won’t get another one, so you might as well make the most of what’s there today. Let my friend Coyote be your guide: smart, cunning, adaptable, fun-loving, tricky, playful, creative, and always ready to take a few risks. He’s not respectable and he’s certainly not conventional . . . but he usually has the last laugh. Related posts:Adrian Savage is a writer, an Englishman, and a retired business executive, in that order. He lives in Tucson, Arizona. You can read his other articles at Slow Leadership, the site for everyone who wants to build a civilized place to work and bring back the taste, zest and satisfaction to leadership and life. His new book, Slow Leadership: Civilizing The Organization, is now available at all good bookstores. Photo Courtesy: Terry Vine/DigitalVision Finding the right dog can make a positive difference in a senior’s life. According to different studies, dogs can help their owners need fewer physician visits and boost life expectancies. People easing into their golden years will enjoy the benefits of owning a dog, including companionship, emotional support and encouragement to stay physically active. When you’re searching for your companion, it’s important to factor in your health and lifestyle to determine what breed of dog will fit in best in your home. Your well-being also plays a role in whether you can care for the animal. Before you get a dog, learn about the remarkable breeds that make great friends for older adults. Companion dogs for the elderly are often easy to care for. The primary responsibilities of owning a dog include grooming, bathing, walking and setting up veterinary appointments. For some older adults, the tasks may be more challenging, particularly if they experience mobility decline, memory loss and other age-related issues. However, online platforms like Rover, Wag! and TaskRabbit offer services to help take care of dogs. Photo Courtesy: FredFroese/E+/Getty Images Through Rover, you can hire people to walk or dog-sit. Wag! provides similar services as well as dog training, socialization and virtual veterinary care. You can also post an ad with specific duties on TaskRabbit for people to accept and complete. If you need pet food and supplies, apps and websites like Amazon, Costco, Target and other stores can deliver them. These helpful services make it easier for older adults to own dogs and take great care of them. Now, let’s review some dog breeds that make excellent furry companions for senior citizens. If you’re searching for a dog that’s quiet, rarely needs grooming and loves the indoors, a pug is perfect for you. This small dog prefers sitting in an armchair with its owner much more than exploring the outdoors. These animals are silly, loyal and loving toward their keepers, making them great emotional support dogs for the elderly. Photo Courtesy: Germana Marengo/EyeEm/Getty Images Pugs only need light play sessions and walks, so they don’t require much exercise. Although they rarely bark, they have a habit of snoring while snoozing. Taking naps is one of their favorite activities. It’s also important to note that pugs are sensitive to extreme heat and cold conditions. Another issue is that the animals are prone to obesity, so make sure to go easy on the treats. Poodles are highly intelligent, gentle and loving — great qualities if you’re searching for an emotional support dog. Poodles are also ideal for seniors who want to exercise more, as these animals require daily walks to stay happy and healthy. Best of all, there are three different sizes of poodles you can choose from — toy, miniature and standard. Photo Courtesy: kumikomini/E+/Getty Images Caring for poodles is quite easy, but they need to be brushed daily to prevent their coats from matting. Many owners keep these dogs’ coats trimmed by clipping the fur themselves or visiting a licensed groomer every month or two. Known as a racing dog breed, greyhounds have become popular among older adults. These animals can help seniors boost their activity levels without overexerting themselves. Greyhounds only need to run for a short amount of time, so you don’t need to worry about spending too much time outside. Photo Courtesy: lucia meler/Moment/Getty Images When these dogs are indoors, they’re couch potatoes that like to relax for most of the day. Many owners love that their greyhounds are calm, quiet, obedient and quick learners. When it comes to grooming, greyhounds need very little care, too. As a large dog breed, greyhounds weigh between 65 and 70 pounds. That sounds heavy, right? Surprisingly, greyhounds are easy to handle and train. Compared to other breeds, these big dogs need higher-calorie food, so make sure to feed them high-quality dog food. Looking for an affectionate and adaptable dog? The Cavalier is a small dog that enjoys snuggling, making them ideal emotional support dogs for seniors. They also get along with adults, children and other pets. The breed is simple to train thanks to its high intelligence and eagerness to learn. Photo Courtesy: Amy Lane Photography/Moment/Getty Images Weighing between 13 and 18 pounds, these pets are easy to carry around. Caring for the Cavalier’s fur is also not a problem, as it just needs daily brushing and a bath once in a while. There are many positives about Cavaliers, but be aware that this breed tends to chase things. When the dog goes outdoors, it will need a leash. Due to their highly trainable nature, Labrador retrievers make great companions. Their warm and outgoing personalities also help comfort the elderly and allow these dogs to bond easily with the whole family and other pets. In addition, these obedient animals are one of the best dog breeds for owners with anxiety. Photo Courtesy: Ariel Skelley/DigitalVision/Getty Images Although Labradors are easygoing, they’re super active and require a lot of physical exercise, like running and fetching. They make the best companions for seniors who are also energetic. In addition, Labs shed a great deal of fur, so be ready to vacuum and clean up after them. how to treat a dog with mastitis. how to cure mastitis in dogs. how to treat pyometra in dogs. how to stop mastitis in dogs

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