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The jungle movement academy

The Jungle offers hundreds of classes every month in dozens of disciplines! We encourage our community to experience various forms of movement. Below you can find more information about the types of movement you can train here and see the schedules for each type of class. 5/17/25, 12pm-2pmAges 6 and up. This workshop is flippin awesome! In this workshop, you will be learning and performing all of the progressions and exercises that will lead you on your path to successfully landing a backflip. Everyone can participate in this workshop, you don't need prior experience. With all of the mats, pads, and foam pit at our disposal, our professional coaches keep you safe while learning this skill. Our goal is to get you to walk away from this workshop knowing how to do a backflip, and knowing how to progress safely on your own.Already have your standing backflip? Want to do more with your backflip? The instructors will take your flippin skillz to a whole new level in the Advanced Backflip Workshop! Learn skills like the wallflip, flyaway, J-step, cheat gainer, and more! Jungle Camps are so awesome! Kids have the time of their lives playing games, running obstacle courses, swinging around on ropes and rings, jumping on trampolines, doing flips into the foam pit, climbing the rock walls, and more. At The Jungle Movement Academy, we offer a wide variety of classes designed to inspire and challenge. Our incredible 22,000+ sqft facility features a large spring floor, custom parkour section, ninja obstacles, 24-foot-high ceilings, 12 aerial rigs, private fitness studio, and sauna, creating the perfect environment for dynamic, high-energy training. Whether you're a seasoned athlete, a curious beginner, or a parent looking for engaging activities for your little ones (and yourself), we have something for everyone!Here's what you can experience:Parkour: Learn to navigate obstacles with agility and confidence.Ninja Training: Conquer thrilling challenges inspired by the TV sensationAerial Arts: Soar to new heights with aerial silk, hammock, lyra, pole, straps, trapeze, and more!Gymnastics: Build strength, flexibility, and coordination.Trampoline: Master flips, tricks, and bounces in a safe setting.Yoga & Pilates: Center yourself with mindfulness and core strength.Toddler classes: Give your little one the perfect start in their fitness journey with our Tiger Cubs program, designed specifically for children ages 3-5.And MORE! We believe that movement is for everyone. That's why we've created classes tailored to every age and ability:Tiger & Dragon Cubs (Ages 3-5): Introduce your youngest movers to the joys of fitness and play. They will build foundational skills through imaginative and engaging activities.Youth Classes (ages 6-11): Develop strength, discipline, and creativity with age-appropriate training in parkour, ninja, aerial arts, and more.Teen Classes (ages 12-17): Challenge and inspire teens with intermediate and advanced skills training in parkour, aerial arts, ninja, and more, designed to build confidence and foster a love for movement.Adult Classes: Push your limits with challenging yet rewarding sessions in aerial arts, parkour, yoga, and beyond. We offer a variety of ways to keep your crew engaged Celebrate your child's special day with an action-packed party filled with games, challenges, and more. Keep your kids active and engaged after school with our dynamic program at The Jungle. Perfect for kids to build confidence, burn energy, and make new friends! Keep your kids active and entertained with our seasonal Camps (Spring, Summer & Winter), designed to build confidence, skills, and friendships in a fun, supportive environment. Host a unique gathering or team-building event in our unique facility. Expert Instructors: Our highly trained coaches bring passion, experience, and safety to every class.Cutting-Edge Facility: Train in a modern gym designed for a wide range of fitness activities.Community-Centered: Become part of a vibrant and supportive fitness family.Convenient Location: Conveniently located in Round Rock, TX, we proudly serve the surrounding communities of Austin, Pflugerville, Hutto, Georgetown, Cedar Park, and beyond! At The Jungle Movement Academy, fitness is more than just a goal—it's an adventure. Whether you're exploring new skills or perfecting your craft, we're here to guide you every step of the way.Visit us in Round Rock or call us today to schedule a tour, book a class, or learn more about our programs. Don't wait—the journey to a healthier, more active you begins here! it@junglemovement.com(737) 202-44282701 Gattis School Rd, Suite C-100Round Rock, TX 78664Hours of Operation:Open gym is \$25 for non-members and FREE for members!Open gym available during ALL open hours. 2 hour drop-off limit for kids ages 6+. Monday - Friday:11am-7pm7pm-9pm ADULTS ONLYSaturday:10am-8pm Sunday:12pm-6pm For our most enthusiastic students, we offer the Jungle Dragons team. This program offers advanced training, competitions, and special events in Parkour, Ninja, Trampoline, Aerials, and more! Becoming a member enables you to enjoy everything that the Jungle has to offer in a more cost effective way! Our plans include discount classes, extended access to open gym, and events. Birthdays at The Jungle are an unforgettable experience that everyone will enjoy! Submit \$100 non-refundable deposit for a timeslot. Deposits count towards your total. Wait for our staff to contact you for further confirmation. We will respond to your inquiry within 48 business hours. Between one and three instructors lead your party and supervise children depending on party size. Instructors are trained to engage your party and provide a fun experience for all. Tips for coaches encouraged. We are in no short supply of games at The Jungle. Choose between tag, capture the flag, tug of war, king of the hill, and much more! These games are quick to setup and we can easily play several of them in one party. There will be a basic obstacle course for party goers to enjoy. Upgraded obstacle courses are available as an add on for kids looking for more of a challenge. Kids love to run free throughout The Jungle, exploring and inventing their own games. Instructors will keep eyes on the party all throughout the gym time. Party guests can enjoy a dedicated space for food, cake, gifts, and singing. Spend as little or as long as you want in the party room! Bring your own decorations and setup the room to your desire! Spice up your experience with one of our epic add-ons! Unlock use of the foam swords, or get lost in a giant fort, The Jungle gets Wild! See below for add-ons. All Add-Ons must be confirmed at least 24 hours before your party. Ages 6 and up. Beat on your friends and family with a smile! So long as rules are followed and safety is met, wack away. Instructors will lead a rules and safety demo before starting. Games include: Team battles, free for all, capture the flag with swords, defeat the coaches (kid's favorite) and more. Coaches may revoke sword play from uncontrolled swordsman. Upgraded Obstacle Course (\$70) Ages 7 and up recommended. Is our regular obstacle course not challenging enough? This add-on is perfect for kids who want to put their skills to the test! Supersize your obstacle course and be prepared for some unique and unexpected twists. Request elements that you want included in your course like parkour, ninja warrior, rock climbing, flips and more! Games include: Fastest time, checkpoints, ninja mode, chase track and more! This add-on requires a \$30 mandatory gratuity for each coach. We work hard to build an epic fort for your party!A giant fortress will be built during your party with this add-on. The fort is HUGE, enough to fit your whole party... including adults! Inside the fort are secret rooms as kids navigate the dark maze inside their bunker. Fun games include: Monsters in the dark, 7 of 8 things, Marko polo, and more! Ages 6 and up. The Jungle is a battlefield! Choose your teams and battle your way to victory. We provide up to 15 nerf guns with ammo, and safety glasses. Bring your own nerf guns and gear, too! Games include: Team battle royale, free for all, storm the castle, sneaky ninja, and more! Saturday: 12:30-2:30pm / 1:30-3:30pm / 3-5pm / 4-6pm / 5:30-7:30pmSunday: 12:30-2:30pm / 1:30-3:30pm / 3-5pm / 4-6pm First 15 minutes - Meet and greet. Kids play in the gym until most or all of the party guests have arrived.For about an hour - Party coaches begin the fun! Parties usually include a mix of an obstacle course, games, and free time. We're happy to cater your experience to your kid's wants. About 1 hour and 15 minutes into the party, we take a group photo and send the party guests to the party room. Spend as long or as little time in there as you would like. Send them back into the gym and the coaches will be there to continue the playtime until the end! Once the two hours are up, coaches will help gather the kids for a group breakout and assist with cleaning the party room. We ask that parents help us transition the party room in a timely manner so that we can prepare for the next party, thank you! You can expect to hear from us within a few days after booking your party to confirm details and give you some useful information in advance of the party.Please ensure that all party attendees (parents and children) have completed the Jungle Waiver. They can find the waiver at the bottom right hand corner of any page on this site. Alternatively you can send them to this page, which has a number of options.We will reach out to you again in the days leading up to your party to confirm number of attendees, finalize details and requests, etc. If you have questions at any point, feel free to reach out via phone at (737) 202-4428 or email us at parties@junglemovement.com. How much does it cost to book a party? Our standard birthday party package is priced at \$450, including a \$100 non-refundable deposit due at booking. This does not include tips for your coaches. What time slots are available? Thursday & Friday:11am - 1pmSaturday:12:30 pm - 2:30 pm1:30 pm - 3:30 pm3 pm - 5 pm4 pm - 6 pm5:30 pm - 7:30 pmSunday:12:30 pm - 2:30 pm1:30 pm - 3:30 pm3 pm - 5 pm4 pm - 6 pm How many participants does the base price include? Up to 20 participants are allowed in your party. Additional participants are \$10 per person. Can I add specific games and activities to my party? Yes! Let your coaches know some of your favorite games like ninja tag, dodgeball, tug-of-war, capture the flag, sharks and minnows, or whatever your heart desires. Add-ons are always available to request no later than 24 hours before your party. The Jungle does not provide decorations, food, or drinks. The Jungle also does not have a fridge or freezer for party use. Please plan accordingly when bring food and treats to your party. Bring your own decor to customize the party room to your theme! You may bring any food or beverage items excluding alcohol (sorry, parents). Can I reschedule my party? Deposits are non-refundable. However, you may change the date and time of your party up to 7 days in advance with no penalty. If you change your party date and time within 7 days of your party, a \$50 change fee will apply. Deposits are non-refundable. However, you may cancel your party up to 7 days in advance with no penalties.If you cancel your party within 7 days, you will be charged half of the remaining amount (\$175).If you cancel your party within 48 hours of your party start time, the full amount of the party will be charged. I've booked a party. Now what? Our Party Planner will reach out to you with in about a week of booking. We will confirm the name of the birthday child, as well the age that they will be turning. From you here, you can discuss any party details or add-ons that you might be interested in.